

Clinical and Functional Nutriology Vol.2 supplement .1

Shokuiku -Eating Education in Japan-

Editor-in-Chief: Shaw Watanabe, M.D., Ph.D.

Guest editors: Melissa Melby, Ph.D., Shokuiku Program Leader, National Institute of Health and Nutrition

Teiji Nakamura, M.D., R.D., President, Japan Dietetic Association

Motoko Murakami, President, Food Journalist Association

Editorial

Shoku-iku (Conscious eating): An Initiative from Japan for teaching wise eating

Yukio Hattori

Changes in dietary habits in Japan-Background of Shokuiku and its promotion-

Shaw Watanabe

Shokuiku: A holistic approach to healthy longevity and inheritance of dietary culture:

Highlights from the Shokuiku Roundtable: Foreign Perspectives

Chair: Melissa K. Melby, Participants: Yujin Oh, David Lee, Rushanthi Jayawardene,

Moussa Ndong

Characteristics of eating culture in Japan Isao Kumakura

Maternal nutrition in developing countries: effects on neonatal and infant health

Tomo Cullen Watanabe

Shokuiku at school as a basic education of living Toshiyuki Watanabe

Shokuiku for infants and children at school Masayo Kaneda

Health promotion through Shokuiku: Childhood health Mitsunori Murata

Health promotion through Shokuiku: Health in adult life Yuji Matsuzawa

Shokuiku for the elderly Toshiko Teshima, Azusa Hirakawa

Ensuring of food safety Naoko Koizumi

Shokuiku and agriculture Sumikazu Ito

Panel Discussion at the 4th National Congress of Shokuiku Promotion, Matsue

-Local empowerment through Shokuiku-

Coodinator: Shaw Watanabe

Panelists: Yuichi Hayami, Mitsuo Nakamura, Katsuro Amatake, Takeo Koizumi